Track: 2017-11-11 Monte Cornacchia	**IBP = 145 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	18.01 Km
Analyzed distance	18.01 Km
Lineal distance	0.04 Km

Accumulated climb	1511.92 m
Accumulated descent	1534.51 m
Maximum height	2005.45 m
Minimal height	705.75 m
Climb rate	18.17 %
Descent rate	16.22 %
Positive climb difference per	83.95 m
Negative descent difference per	85.2 m

Total time	7:07:33 h
Time in movement	5:42:28 h
Stopped time	1:25:05 h

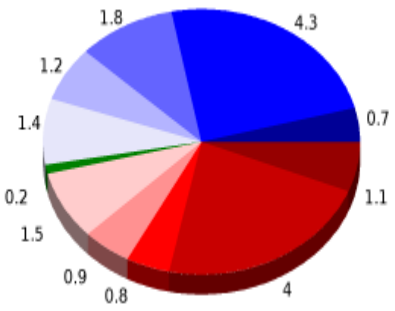
Total speed average	2.53 Km/h
Average speed in movement	3.16 Km/h
Maximum held speed	5.88 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	3876 (cad. 4.65 m)
Significant points	554 (cad. 32.57 m / 14.29 %)
Aberrant points	568 (14.65 % d. total)

Direction changes per	16.1
Direction changes >5° per	13.1
Accumulated straight stretches	1.889 Km
Straight stretches per	104.89 m
Penalizables slope changes	10
Penalizables slope changes per	0.555

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Summary of slopes

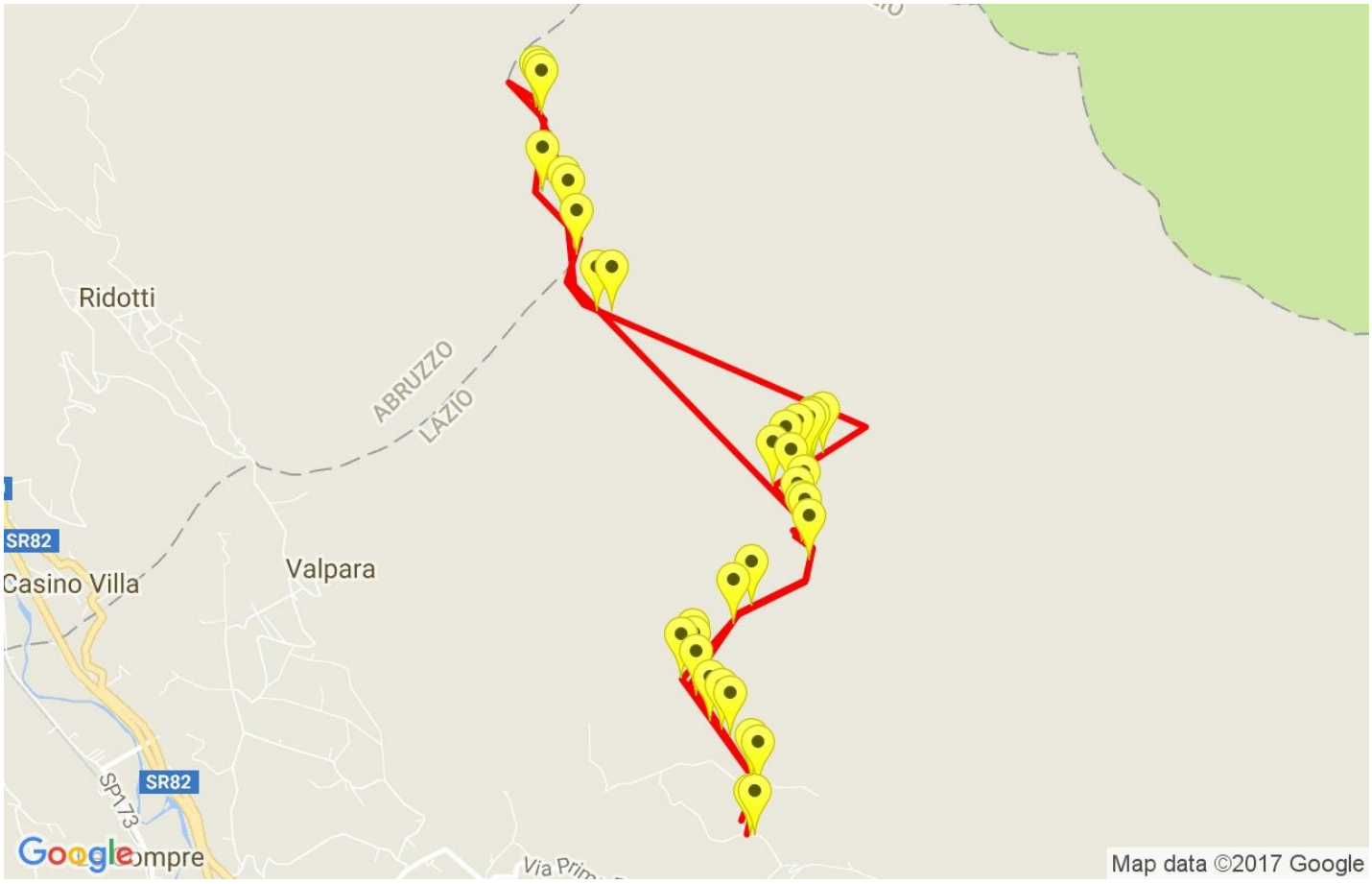


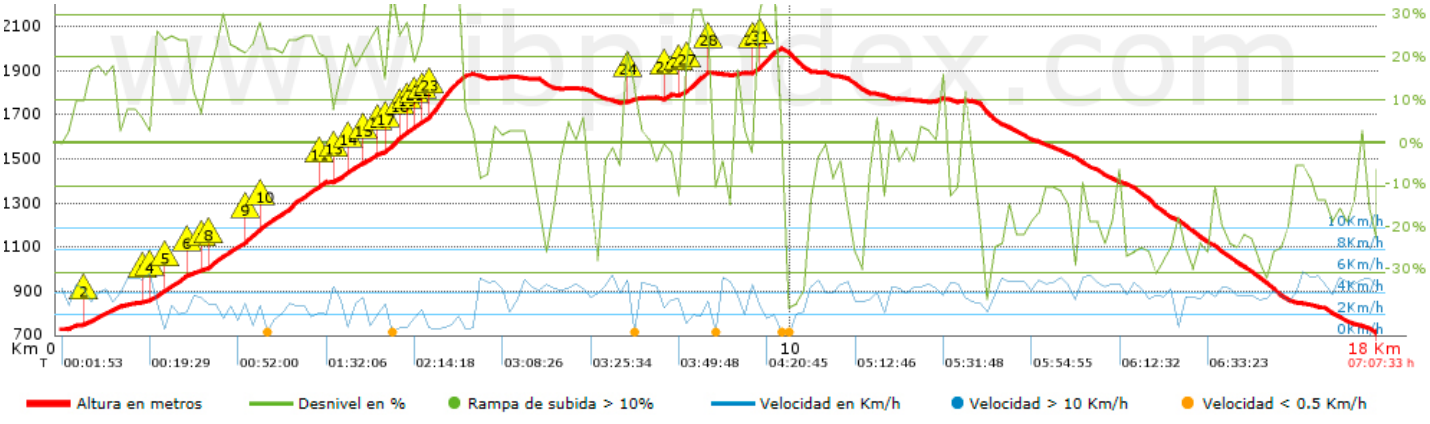
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.093	6.07	1.84	0:35:40
	Between 15 and 30%	4.036	22.41	2.38	1:41:48
	Between 10 and 15%	0.767	4.26	3.96	0:11:37
	Between 5 and 10%	0.904	5.02	3.74	0:14:30
	Between 1 and 5%	1.522	8.45	4.17	0:21:55
	Total :	8.321	46.2	2.69	3:05:30
	Plain				
	Difference of 1%	0.226	1.25	3.06	0:04:26
	Breakdown descents				
	Between 1 and 5%	1.444	8.02	4.3	0:20:10
	Between 5 and 10%	1.238	6.87	3.32	0:22:21
	Between 10 and 15%	1.75	9.72	4.01	0:26:12
	Between 15 and 30%	4.294	23.84	3.88	1:06:26
	Between 30% and 55%	0.737	4.09	2.54	0:17:23
	Total :	9.463	52.54	3.72	2:32:32
	Total track :	18.01	100 %	3.16	5:42:28

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Track: 2017-11-11 Monte Cornacchia **Date: 11/11/2017**

Track: 2017-11-11 Monte Cornacchia	**IBP = 145 HKG**
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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.364	12 %	31 m
2	0.394	18 %	395 m
3	1.293	19 %	153 m
4	1.446	24 %	279 m
5	1.725	16 %	162 m
6	1.986	16 %	68 m
7	2.054	22 %	500 m
8	2.555	27 %	223 m
9	2.777	24 %	824 m
10	3.602	26 %	62 m
11	3.758	11 %	31 m
12	3.789	24 %	129 m
13	3.919	18 %	225 m
14	4.143	21 %	191 m
15	4.335	16 %	154 m
16	4.489	29 %	160 m
17	4.648	26 %	98 m
18	4.746	27 %	125 m
19	4.871	21 %	35 m
20	4.906	27 %	30 m
21	4.936	17 %	90 m
22	5.026	41 %	494 m
23	7.726	13 %	92 m
24	8.252	21 %	97 m
25	8.507	17 %	64 m
26	8.572	32 %	254 m

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27	8.826	25 %	33 m
28	9.486	11 %	32 m
29	9.518	19 %	31 m
30	9.549	36 %	278 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2000	123.132	0.68	0:02:06	3.52	0:27:08	0:29:14	0.25
1750	7214.953	40.06	2:17:33	3.15	0:21:25	2:38:58	2.72
1500	2253.953	12.51	0:43:40	3.1	0:24:08	1:07:48	1.99
Total :	9.592 Km	53.26 %	3:03:19 h	3.14 Km/h	1:12:41 h	4:16:00 h	2.25 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
1.385	0:02:51	880	0:21:46	0:21:46	1.385
2.808	0:04:37	1185	1:02:23	0:40:37	1.423
3.919	0:02:31	1430	1:37:27	0:35:04	1.11
4.489	0:06:19	1535	1:54:17	0:16:50	0.57
4.59	0:02:32	1567	2:02:39	0:08:22 < 10´	0.101
4.746	0:02:53	1607	2:08:20	0:05:41 < 10´	0.156
5.026	0:02:40	1672	2:19:43	0:11:23	0.28
5.088	0:09:44	1699	2:23:31	0:03:48 < 10´	0.062
5.242	0:02:35	1760	2:36:27	0:12:56	0.154
5.52	0:10:13 > 10´	1873	2:51:13	0:14:46	0.277
7.755	0:04:30	1758	3:33:00	0:41:47	2.236
8.889	0:04:07	1893	4:01:27	0:28:27	1.134
9.827	0:27:08 > 10´	2000	4:26:53	0:25:26	0.938
15.174	0:02:25	1236	6:22:47	1:55:54	5.347
Total :	1:25:05 h				

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